



Association of Canadian Ultramarathoners  
Association canadienne des ultra-marathoniens

25 October 2025

## RECORD LIST

| AGE GP | RECORD       | NAME                             | DATE         | LOCATION         |
|--------|--------------|----------------------------------|--------------|------------------|
|        | <b>50 km</b> | <b>MEN</b>                       |              |                  |
| OPEN   | 2:48:32 rob  | Chris BALESTRINI, 29, CAN        | 21May2021    | Hamilton ON      |
| M 35   |              |                                  |              |                  |
| M 40   | 3:12:21 rl   | Niels MADSEN, 43, BC             | 01May1999    | Saanich BC       |
| M 45   | 3:05:32 r    | Michel LAVOIE, 45, QC            | 23Jun2007    | Niagara Falls ON |
| M 50   | 3:13:14 r    | Michel LAVOIE, 51 QC             | 23Jun2012    | Niagara Falls ON |
| M 55   | 3:32:39 rl   | Jim SWADLING, 56, BC             | 03May2003    | Victoria BC      |
| M 60   | 3:43:15 rls  | Herb PHILLIPS, 63, BC            | 01May2004    | Victoria BC      |
| M 65   | 3:51:44 rl   | Jim SWADLING, 65, BC             | 12May2012    | Victoria BC      |
| M 70   | 4:17:15 tl   | Jim SWADLING, 70, BC             | 13May2017    | Victoria BC      |
| M 75   | 5:22:34 r    | Odino SOLIGO, 76, ON             | 11Oct1997    | Warton ON        |
| M 80   | 5:43:52 rl   | Odino SOLIGO, 80, ON             | 14Apr2001    | Toronto ON       |
| M 85   | 14:50:01 Ts  | Charles BENOVOY, 85, ON          | 16-17Sep1995 | Ottawa ON        |
|        | <b>50 km</b> | <b>WOMEN</b>                     |              |                  |
| OPEN   | 3:22:24 rob  | Krista DUCHENE, 44, ON           | 21May2021    | Hamilton ON      |
| W 35   |              |                                  |              |                  |
| W 40   | 3:48:09 rl   | Beverley ANDERSON-ABBS , 42, CAN | 31Mar2007    | Cameron Park CA  |
| W 45   | 3:42:27 rl   | Catrin JONES , 45, BC            | 11May2024    | Victoria BC      |
| W 50   | 3:44:37 rl   | Beverley ANDERSON-ABBS, 50, CAN  | 2Jun2014     | Calgary AB       |
| W 55   | 4:11:09 Ts   | Bernadette BENSON, 55, CAN       | 9Nov2024     | Adelaide, AUS    |

|      |                 |                                 |              |                    |
|------|-----------------|---------------------------------|--------------|--------------------|
| W 60 | 4:04:32 rl      | Beverley ANDERSON-ABBS, 60, CAN | 1Feb2025     | Sacramento CA      |
| W 65 | 5:40:13 Ts      | Ghislaine BEAULIEU, 65, QC      | 30Aug2008    | Drummondville QC   |
| W 70 | 6:28:39 rl      | Marion LANDRY, 70, QC           | 13Dec2014    | Tallahassee FL     |
| W 75 | 7:50:48 rls     | Marion LANDRY, 75, QC           | 9-10Nov2019  | Augusta, NJ        |
| W 80 | 11:51:23 rls    | Erlinda BIONDIC, 82, ON         | 09-15May2022 | Augusta NJ         |
| W 85 | 13:16:26 rls    | Erlinda BIONDIC, 85, ON         | 12-18May2025 | Augusta NJ         |
|      | <b>50 miles</b> | <b>MEN</b>                      |              |                    |
| OPEN | 4:54:59 r       | Andy JONES, 28, ON              | 30Sep1990    | Hamilton ON        |
| M 35 |                 |                                 |              |                    |
| M 40 | 5:23:02 rls     | Stefan FEKNER, 40, AB           | 27Feb1993    | New York NY        |
| M 45 | 5:42:51 rls     | Victor HICKEY, 45, NB           | 20Jul2002    | Levis QC           |
| M 50 | 6:33:55 rls     | Jim SWADLING, 50, BC            | 03May1997    | Saanich BC         |
| M 55 | 6:46:18 rs      | Miles MARSHALL, 55, ON          | 25Sep1983    | Brighton ENG       |
| M 60 | 7:34:21 rl      | Andrew NICOL, 62, CAN           | 10Dec2022    | Wakulla Springs FL |
| M 65 | 8:04:20 rl      | Keith WAKELIN, 66, BC           | 10May2025    | Victoria BC        |
| M 70 | 8:55:50 Ts      | Albert MICLETTE, 70, QC         | 09Sep2006    | Ottawa ON          |
| M 75 | 10:08:31 Ts     | Odino SOLIGO, 76, ON            | 13Sep1997    | Ottawa ON          |
| M 80 | 13:28:01 rs *   | Odino SOLIGO, 80, ON            | 27May2001    | Faenza ITA         |
|      | <b>50 miles</b> | <b>WOMEN</b>                    |              |                    |
| OPEN | 6:08:16 Tl      | Catrin JONES , 44, BC           | 10Jun2023    | Sherwood Park AB   |
| W 35 |                 |                                 |              |                    |
| W 40 | 6:08:16 Tl      | Catrin JONES, 44, BC            | 10Jun2023    | Sherwood Park AB   |
| W 45 | 6:14:45 rl      | Beverley ANDERSON-ABBS, 49, CAN | 01Feb2014    | Sacramento CA      |
| W 50 | 6:18:38 rl      | Beverley ANDERSON-ABBS, 50, CAN | 7Feb2015     | Sacramento CA      |
| W 55 | 6:31:34 rl      | Beverley ANDERSON-ABBS, 55, CAN | 02Feb2020    | Sacramento CA      |

|      |               |                              |              |                        |
|------|---------------|------------------------------|--------------|------------------------|
| W 60 | 8:28:19 rls   | Mae PALM, 60, BC             | 06May2000    | Victoria BC            |
| W 65 | 12:08:55 rls  | Barbara McLEOD, 66, ON       | 27-28Feb2004 | Houston TX             |
| W 70 | 12:21:52 rls  | Marion LANDRY, 70, QC        | 8-9Nov2014   | Augusta NJ             |
| W 75 | 12:54:57 rls  | Marion LANDRY, 75, QC        | 9-10Nov2019  | Augusta NJ             |
| W 80 | 23:24:28 rls  | Erlinda BIONDIC, 82, ON      | 09-15May2022 | Augusta NJ             |
| W 85 | 26:14:20 rls  | Erlinda BIONDIC, 85, ON      | 12-18May2025 | Augusta NJ             |
|      | <b>100 km</b> | <b>MEN</b>                   |              |                        |
| OPEN | 6:33:03 rl    | Erik SEEDHOUSE, 27, CAN      | 16Feb1992    | Palamos ESP            |
| M 35 |               |                              |              |                        |
| M 40 | 6:51:52 rl    | Stefan FEKNER, 40, AB        | 27Feb1993    | New York NY            |
| M 45 | 7:09:24 r     | Victor HICKEY, 45, NB        | 21Jun2002    | Touhout BEL            |
| M 50 | 7:39:50 r     | Richard WEBB, 52, AB         | 08Nov2008    | Tarquinia ITA          |
| M 55 | 7:52:21 r     | Herb PHILLIPS, 58, BC        | 07Nov1998    | Harrison BC            |
| M 60 | 8:07:09 r     | Herb PHILLIPS, 60, BC        | 04Nov2000    | Harrison BC            |
| M 65 | 10:35:57 Ts   | David (Wayne) GAUDET, 67, AB | 08-09Jun2024 | Sherwood Park AB       |
| M 70 | 11:34:17 Ts   | Albert MICLETTE, 70, QC      | 09Sep2006    | Ottawa ON              |
| M 75 | 13:34:03 r    | Odino SOLIGO, 77, ON         | 05Jul1998    | Nanisivik NT           |
| M 80 | 15:12:49 r    | Odino SOLIGO, 80, ON         | 27May2001    | Faenza ITA             |
|      | <b>100 km</b> | <b>WOMEN</b>                 |              |                        |
| OPEN | 7:36:39 rl    | Julie HAMULECKI, 41, ON      | 27Aug2022    | Bernau bei Berlin GER  |
| W 35 |               |                              |              |                        |
| W 40 | 7:36:39 rl    | Julie HAMULECKI, 41, ON      | 27Aug2022    | Bernau bei Berlin GER  |
| W 45 | 8:05:40 Ts    | Catrin JONES, 46, BC         | 20Sep2025    | Duncan BC              |
| W 50 | 8:32:53 rl    | Bernadette BENSON, 53, CAN   | 27Aug2022    | Bernau bei Berlin GER  |
| W 55 | 9:33:41 r     | Dawn HAMEL, 58, ON           | 14Jun2014    | Niagara-on-the Lake ON |
| W 60 | 10:40:32 rl   | Mae PALM, 60, BC             | 06May2000    | Victoria BC            |

|      |                  |                              |              |                     |
|------|------------------|------------------------------|--------------|---------------------|
| W 65 | 16:26:17 Tis     | Marion LANDRY,66,QC          | 25-26Sep2010 | Ottawa ON           |
| W 70 | 16:18:54 rls     | Marion LANDRY, 70, QC        | 8-9Nov2014   | Augusta NJ          |
| W 75 | 18:20:30 rls     | Marion LANDRY, 75, QC        | 1-2Sep2019   | Sylvania OH         |
| W 80 | 29:43:08 rls     | Erlinda BIONDIC, 82, ON      | 09-15May2022 | Augusta NJ          |
| W 85 | 32:02:50 rls     | Erlinda BIONDIC, 85, ON      | 12-18May2025 | Augusta NJ          |
|      | <b>100 miles</b> | <b>MEN</b>                   |              |                     |
| OPEN | 12:05:43 rls     | Andy JONES, 35, CAN          | 28Sep1997    | Sylvania OH         |
| M 35 |                  |                              |              |                     |
| M 40 | 13:18:25 rl      | Terry MARTIN, 42, ON         | 02Apr1988    | Queens NY           |
| M 45 | 14:47:16 t       | Glen REDPATH, 45, CAN        | 02Apr2011    | Raleigh NC          |
| M 50 | 15:52:55 Ts      | David CARVER, 51, ON         | 31Mar2013    | Ft Benning GA       |
| M 55 | 16:07:28 rls     | David (Wayne) GAUDET, 56, AB | 7-8Sep2012   | Katowice POL        |
| M 60 | 19:03:06 Ts      | Bryan MASON, 61, ON          | 09-10Sep2006 | Ottawa ON           |
| M 65 | 17:48:11 Ts      | David (Wayne) GAUDET, 67, AB | 08-09Jun2024 | Sherwood Park AB    |
| M 70 | 21:10:35 Ts      | Albert MICLETTE, 70, QC      | 09-10Sep2006 | Ottawa ON           |
| M 75 | 38:58:43 rl      | Joe CLEARY, 77, ON           | 21-27Apr2017 | Flushing Meadows NY |
|      | <b>100 miles</b> | <b>WOMEN</b>                 |              |                     |
| OPEN | 13:32:07 r/ob    | Julie HAMULECKI, 43, ON      | 09Nov2024    | Vienna IL           |
| W 35 |                  |                              |              |                     |
| W 40 | 13:32:07 r/ob    | Julie HAMULECKI, 43, ON      | 09Nov2024    | Vienna IL           |
| W 45 | 14:57:13 Tls     | Viktoria BROWN, 45, ON       | 11-12Dec2021 | Phoenix AZ          |
| W 50 | 15:24:44 Ts      | Bernadette BENSON, 50, CAN   | 15-16Jun2019 | Campbelltown AUS    |
| W 55 | 16:54:18 Ts      | Bernadette BENSON, 55, CAN   | 06-07Apr2024 | Canberra AUS        |
| W 60 | 22:39:37 rls     | Iris COOPER, 61, ON          | 19Sep2020    | London ON           |
| W 65 | 31:58:13 Ts      | Marion LANDRY, 65, QC        | 28-29Aug2009 | Drummondville QC    |

|      |                   |                                 |                  |                 |
|------|-------------------|---------------------------------|------------------|-----------------|
| W 70 | 32:39:50 rls      | Marion LANDRY, 70, QC           | 14-17May2015     | Augusta, NJ     |
| W 75 | 45:55:37 rl       | Erlinda BIONDIC, 77, ON         | 19-21May2014     | Augusta NJ      |
| W 80 | 46:47:50 rls      | Erlinda BIONDIC, 82, ON         | 09-15May2022     | Augusta NJ      |
| W 85 | 55:51:48 rls      | Erlinda BIONDIC, 85, ON         | 12-18May2025     | Augusta NJ      |
|      | <b>1000 km</b>    | <b>MEN</b>                      |                  |                 |
| OPEN | 7d:14:43:37 rs    | Lorne (Trishul) CHERNS, 30, CAN | 26Mar-03Apr 1987 | Melbourne AUS   |
| M 35 |                   |                                 |                  |                 |
| M 40 | 9d:07:48:37 rls   | Lorne (Trishul) CHERNS, 43, CAN | 11-20Sep2000     | Wards Island NY |
| M 45 | 7d:23:59:00 rs    | Michel CAREAU, 47, QC           | 17-24Mar1988     | Melbourne AUS   |
| M 50 | 9d:12:26:50 r     | Ron GEHL, 51, ON                | 29Apr-09May 1999 | Wards Island NY |
| M 55 | 9d:04:50:32 Ts    | Michel CAREAU, 55, QC           | 13-22Mar1996     | Nanango AUS     |
|      | <b>1000 km</b>    | <b>WOMEN</b>                    |                  |                 |
| OPEN | 8d:09:20:52 rls   | Antana LOCS, 32, CAN            | 15-23Sep1991     | Queens NY       |
| W 40 | 11d:05:52:09 rls  | Sarita EARP, 43, NS             | 19-30Sep1992     | Queens NY       |
| W 50 | 11d:16:31:55 rls  | Barbara McLEOD, 53, ON          | 21Sep-03Oct1991  | Queens NY       |
|      | <b>700 miles</b>  | <b>MEN</b>                      |                  |                 |
| OPEN | 8d:23:25:23 rls   | Lorne (Trishul) CHERNS, 29, CAN | 26Apr-04May 1986 | Queens NY       |
| M 40 | 10d:16:53:39 rls  | Lorne (Trishul) CHERNS, 42, CAN | 20-30Jun1999     | Wards Island NY |
| M 45 | 9d:13:06:51 rls   | Michel CAREAU, 47, QC           | 20-30May1988     | Queens NY       |
|      | <b>700 miles</b>  | <b>WOMEN</b>                    |                  |                 |
| OPEN | 9d:18:00:43 rls   | Antana LOCS, 32, CAN            | 15-25Sep1991     | Queens NY       |
|      | <b>1000 miles</b> | <b>MEN</b>                      |                  |                 |
| OPEN | 13d:07:50:45 rl   | Lorne (Trishul) CHERNS, 29, CAN | 26Apr-09May 1986 | Queens NY       |
| M 40 | 16d:10:19:35 rls  | Lorne (Trishul) CHERNS, 42, CAN | 20Jun-06Jul1999  | Queens NY       |

|      |                   |                                 |                 |                  |
|------|-------------------|---------------------------------|-----------------|------------------|
| M 45 | 13d:21:34:45 rl   | Michel CAREAU, 47, QC           | 20May-03Jun1988 | Queens NY        |
|      | <b>1000 miles</b> | <b>WOMEN</b>                    |                 |                  |
| OPEN | 13d:23:18:32 rls  | Antana LOCS, 32, CAN            | 15-29Sep1991    | Queens NY        |
|      | <b>1300 miles</b> | <b>MEN</b>                      |                 |                  |
| OPEN | 21d:15:12:18 rls  | Lorne (Trishul) CHERNS, 42, CAN | 20Jun-11Jul1999 | Queens NY        |
| M 40 | 21d:15:12:18 rls  | Lorne (Trishul) CHERNS, 42, CAN | 20Jun-11Jul1999 | Queens NY        |
| M 45 | 22d:16:21:47 rls  | Lorne (Trishul) CHERNS, 46, CAN | 15Jun-07Jul2003 | Jamaica NY       |
|      | <b>1300 miles</b> | <b>WOMEN</b>                    |                 |                  |
| OPEN | 18d:18:49:42 rl   | Antana LOCS, 35, CAN            | 12Sep-01Oct1994 | Wards Island NY  |
|      | <b>6 hours</b>    | <b>MEN</b>                      |                 |                  |
| OPEN | 84.688 km rls     | Andy JONES, 35, CAN             | 28Sep1997       | Sylvania OH      |
| M 35 |                   |                                 |                 |                  |
| M 40 | 82.054 km rls     | Terry MARTIN, 42, ON            | 02Apr1988       | Queens NY        |
| M 45 | 80.302 km Ts      | Steve KING, 46, AB              | 16Apr1995       | Penticton BC     |
| M 50 | 74.135 km Ts      | David CARVER, 51, ON            | 12Dec2012       | Phoenix AZ       |
| M 55 | 72.114 km Ts      | Oleg TABELEV, 59, AB            | 14Jun2025       | Sherwood Park AB |
| M 60 | 70.000 km Ts      | Thomas (Danny) Keyes, 64, BC    | 20Sep2025       | Duncan BC        |
| M 65 | 61.709 km Ts      | David (Wayne) GAUDET, 68, AB    | 14Jun2025       | Sherwood Park AB |
| M 70 | 58.400 km Ts      | Albert MICLETTE, 70, QC         | 09Sep2006       | Ottawa ON        |
| M 75 | 54.610 km rl      | Hans MAIER, 76, ON              | 6Jun2015        | Kingston ON      |
| M 80 | 50 km             | Odino SOLIGO, 80, ON            | 14Apr2001       | Toronto ON       |
|      | <b>6 hours</b>    | <b>WOMEN</b>                    |                 |                  |

|             |                       |                                     |                            |                         |
|-------------|-----------------------|-------------------------------------|----------------------------|-------------------------|
| <b>OPEN</b> | <b>78.571 km Tl</b>   | <b>Catrin JONES, 44, BC</b>         | <b>10Jun2023</b>           | <b>Sherwood Park AB</b> |
| <b>W 35</b> |                       |                                     |                            |                         |
| <b>W 40</b> | <b>78.571 km Tl</b>   | <b>Catrin JONES, 44, BC</b>         | <b>10Jun2023</b>           | <b>Sherwood Park AB</b> |
| <b>W 45</b> | <b>76.400 km Ts</b>   | <b>Catrin JONES, 46, BC</b>         | <b>20Sep2025</b>           | <b>Duncan BC</b>        |
| <b>W 50</b> | <b>71.737 km Ts</b>   | <b>Bernadette BENSON, 53, CAN</b>   | <b>03Jun2022</b>           | <b>Barden Ridge AUS</b> |
| <b>W 55</b> | <b>70.899 km Ts</b>   | <b>Bernadette BENSON, 55, CAN</b>   | <b>9Nov2024</b>            | <b>Adelaide AUS</b>     |
| <b>W 60</b> | <b>63.967 km rl</b>   | <b>Christine DIRKS, 62, ON</b>      | <b>21Sep2013</b>           | <b>London ON</b>        |
| <b>W 65</b> | <b>52.298 km Ts</b>   | <b>Ghislaine BEAULIEU, 65, QC</b>   | <b>30Aug2008</b>           | <b>Drummondville QC</b> |
| <b>W70</b>  | <b>43.452km rls</b>   | <b>Marion LANDRY, 70, QC</b>        | <b>9Nov2014</b>            | <b>Augusta NJ</b>       |
| <b>W80</b>  |                       |                                     |                            |                         |
|             | <b>12 hours</b>       | <b>MEN</b>                          |                            |                         |
| <b>OPEN</b> | <b>158.956 km rls</b> | <b>Andy JONES, 35, CAN</b>          | <b>28Sep1997</b>           | <b>Sylvania OH</b>      |
| <b>M 35</b> |                       |                                     |                            |                         |
| <b>M 40</b> | <b>148.495 km rls</b> | <b>Terry MARTIN, 42, ON</b>         | <b>02Apr1988</b>           | <b>Queens NY</b>        |
| <b>M 45</b> | <b>133.575 km rls</b> | <b>Peter HOLUBAR, 47, AB</b>        | <b>13Nov1993</b>           | <b>Sacramento CA</b>    |
| <b>M 50</b> | <b>131.015 km rs</b>  | <b>David Carver, 51, ON</b>         | <b>31Dec2012-01Jan2013</b> | <b>Morganton NC</b>     |
| <b>M 55</b> | <b>120.524 km rl</b>  | <b>Charles SMITH, 55, ON</b>        | <b>14May2016</b>           | <b>Webster NY</b>       |
| <b>M 60</b> | <b>111.199 km Ts</b>  | <b>Jim MOSES, 60, ON</b>            | <b>16Sep1995</b>           | <b>Ottawa ON</b>        |
| <b>M 65</b> | <b>111.458 km Ts</b>  | <b>David (Wayne) GAUDET, 67, AB</b> | <b>08-09Jun2024</b>        | <b>Sherwood Park AB</b> |
| <b>M 70</b> | <b>102.000 km Ts</b>  | <b>Albert MICLETTE, 70, QC</b>      | <b>09Sep2006</b>           | <b>Ottawa ON</b>        |

|      |                 |                            |              |                  |
|------|-----------------|----------------------------|--------------|------------------|
| M 75 | 86.799 km Ts    | Odino SOLIGO, 76, ON       | 13Sep1997    | Ottawa ON        |
| M 80 | 74.276km rls    | Hans MAIER, 81, ON         | 19Sep2020    | London ON        |
|      | <b>12 hours</b> | <b>WOMEN</b>               |              |                  |
| OPEN | 141.526 km r/ob | Julie HAMULECKI, 43, ON    | 09Nov2024    | Vienna IL        |
| W 35 |                 |                            |              |                  |
| W 40 | 141.526 km r/ob | Julie HAMULECKI, 43, ON    | 09Nov2024    | Vienna IL        |
| W 45 | 133.535 km TI   | Bernadette BENSON, 45, CAN | 14-15Jun2014 | Sydney AUS       |
| W 50 | 127.909 km Ts   | Bernadette BENSON, 50, CAN | 15-16Jun2019 | Campbelltown AUS |
| W 55 | 118.596 km Ts   | Bernadette BENSON, 55, CAN | 06-07Apr2024 | Canberra AUS     |
| W 60 | 100.000km rl    | Mae PALM, 60, BC           | 06May2000    | Victoria BC      |
| W 65 | 94.942 km T     | Ghislaine BEAULIEU, 65, QC | 30Aug2008    | Drummondville QC |
| W 70 | 77.249 km rls   | Marion LANDRY, 70, QC      | 9Nov2014     | Augusta NJ       |
| W 75 | 74.014 km rls   | Marion LANDRY, 75, QC      | 9-10Nov2019  | Augusta NJ       |
| W80  | 51.499km rls    | Erlinda BIONDIC, 82, ON    | 09-15May2022 | Augusta NJ       |
| W 85 | 45.062km rls    | Erlinda BIONDIC, 85, ON    | 12-18May2025 | Augusta NJ       |
|      | <b>24 hours</b> | <b>MEN</b>                 |              |                  |
| OPEN | 257.093 km rl   | David PROCTOR, 34, AB      | 11-12Apr2015 | Turin ITA        |
| M 35 |                 |                            |              |                  |
| M 40 | 242.918 km T    | Peter HOLUBAR, 44, AB      | 15-16Sep1990 | Ottawa ON        |
| M 45 | 223.698 km rls  | Peter HOLUBAR, 47, AB      | 13-14Nov1993 | Sacramento CA    |

|      |                 |                              |                     |                  |
|------|-----------------|------------------------------|---------------------|------------------|
| M 50 | 217.700 km r    | David CARVER, 51, ON         | 31Dec2012-01Jan2013 | Morganton NC     |
| M 55 | 217.827 km rl   | David (Wayne) GAUDET, 56, AB | 07-08Sep2012        | Katowice POL     |
| M 60 | 214.667 km rl   | David (Wayne) GAUDET, 60, AB | 01-02Jul2017        | Belfast IRL      |
| M 65 | 202.892 km T    | David (Wayne) GAUDET, 67, AB | 08-09June2024       | Sherwood Park AB |
| M 70 | 170.605 km rl   | Albert MICLETTE, 70, ON      | 09-10Sep2006        | Ottawa ON        |
| M 75 | 152.824 km T    | Odino SOLIGO, 76, ON         | 13-14Sep1997        | Ottawa ON        |
| M 80 | 110.289km rl    | Hans MAIER, 81, ON           | 19Sep2020           | London ON        |
| M 85 | 64.745 km T     | Charles BENOVOY, 85, ON      | 16-17Sep1995        | Ottawa ON        |
|      | <b>24 hours</b> | <b>WOMEN</b>                 |                     |                  |
| OPEN | 248.985 km rl   | Amanda NELSON, 34, ON        | 16-17Sep2023        | London ON        |
| W 35 |                 |                              |                     |                  |
| W 40 | 216.343km rl    | Bernadette BENSON, 44, CAN   | 11-12May2013        | Steenbergen NED  |
| W 45 | 238.261 km Tl   | Bernadette BENSON, 45, CAN   | 5-6Apr2014          | Coburg AUS       |
| W 50 | 192.766 km rl   | Sue LUCAS, 52, MB            | 17-18Sep2016        | London ON        |
| W 55 | 175.600 km Tl   | Sue ARMSTRONG, 55, ON        | 26-27Sep2015        | Ottawa ON        |
| W 60 | 164.308 km rl   | Iris COOPER, 61, ON          | 19Sep2020           | London ON        |
| W 65 | 136.601 km Ti   | Marion LANDRY, 66, QC        | 25-26Sep2010        | Ottawa ON        |
| W 70 | 123.92 km rl    | Marion LANDRY, 70, QC        | 8-9Nov2014          | Augusta NJ       |
| W 75 | 114.129 km rl   | Marion LANDRY, 75, QC        | 1-2Sep2019          | Sylvania OH      |
| W 80 | 82.077 km rls   | Erlinda BIONDIC, 82, ON      | 09-15May2022        | Augusta NJ       |

|      |                 |                                |                    |                  |
|------|-----------------|--------------------------------|--------------------|------------------|
| W 85 | 74.030km rls    | Erlinda BIONDIC, 85, ON        | 12-18May2025       | Augusta NJ       |
|      | <b>48 hours</b> | <b>MEN</b>                     |                    |                  |
| OPEN | 368.036 km rl   | Jerry HUGHES, 42, BC           | 02-04Dec2022       | Avondale AZ      |
| M 35 |                 |                                |                    |                  |
| M 40 | 368.036 km rl   | Jerry HUGHES, 42, BC           | 02-04Dec2022       | Avondale AZ      |
| M 45 | 337.962 km rl   | Peter HOLUBAR, 47, AB          | 13-15Nov1993       | Sacramento CA    |
| M 50 | 348.422 km Ts   | Phil LATULIPPE, 53, QC         | 01-03Oct1972       | Petawawa ON      |
| M 55 | 300.947 km Ts   | Michel CAREAU, 55, QC          | 13-15Mar1996       | Nanango AUS      |
| M 60 | 278.025 km rl   | Juraj (George) BIONDIC, 61, ON | 28-30Dec2013       | Phoenix AZ       |
| M 65 | 251.058 km rls  | Juraj (George) BIONDIC, 65, ON | 17-20May2018       | Augusta NJ       |
| M 70 | 217.261 km rls  | Juraj (George) BIONDIC, 70, ON | 08-14May2023       | Augusta NJ       |
|      | <b>48 hours</b> | <b>WOMEN</b>                   |                    |                  |
| OPEN | 405.025 km      | Viktoria BROWN, 48, ON         | 31May-02Jun2024    | Balatonfüred HUN |
| W 35 |                 |                                |                    |                  |
| W 40 | 296.238 km rls  | Charlotte VASARHELYI, 42, ON   | 28Dec2018-3Jan2019 | Glendale AZ      |
| W 45 | 405.025 km      | Viktoria BROWN, 48, ON         | 31May-02Jun2024    | Balatonfüred HUN |
| W 50 | 284.979 km i    | Barbara McLEOD, 52, ON         | 26-28Jan1990       | Pensacola FL     |
| W 55 | 254.276 km rls  | Barbara McLEOD, 55, ON         | 02-04May1993       | Wards Island NY  |
| W 60 | 231.469 km T    | Barbara McLEOD, 63, ON         | 24-26Nov2000       | Dallas TX        |
| W 65 | 218.598 km T    | Marion LANDRY, 65, QC          | 28-29Aug2009       | Drummondville QC |

|             |                 |                                    |                          |                 |
|-------------|-----------------|------------------------------------|--------------------------|-----------------|
| <b>W 70</b> | 202.777 km rls  | Marion LANDRY, 70, QC              | 14-17May2015             | Augusta NJ      |
| <b>W 75</b> | 168.981 km rl   | Erlinda BIONDIC, 77, ON            | 19-21May2017             | Augusta NJ      |
| <b>W 80</b> | 165.762 km rls  | Erlinda BIONDIC, 82, ON            | 09-15May2022             | Augusta NJ      |
| <b>W 85</b> | 135.185km rls   | Erlinda BIONDIC, 85, ON            | 12-18May2025             | Augusta NJ      |
|             | <b>72 hour</b>  | <b>MEN</b>                         |                          |                 |
| <b>OPEN</b> | 500.077 km rls  | Dave PROCTOR, 37, AB               | 28Dec2017-<br>03Jan2018  | Glendale AZ     |
| <b>M 35</b> |                 |                                    |                          |                 |
| <b>M 40</b> | 386.242 km rls  | Lorne (Trishul) CHERNS,<br>43, CAN | 11-14Sep2000             | Wards Island NY |
| <b>M 45</b> | 432.399 km Ts   | Michel CAREAU, 48, QC              | 26-29Nov1993             | Gateshead ENG   |
| <b>M 50</b> | 472.399 km si   | Michel CAREAU, 53, QC              | 28-31Oct1993             | La Rochelle FRA |
| <b>M 55</b> | 424.866 km Ts   | Michel CAREAU, 55, QC              | 13-16Mar1996             | Nanango AUS     |
| <b>M 60</b> | 398.722 km rl   | Juraj (George) BIONDIC, 60,<br>ON  | 29Dec2012 –<br>01Jan2013 | Phoenix AZ      |
| <b>M 65</b> | 347.618 km rls  | Lorne (Trishul) CHERNS,<br>66, CAN | 08-14May2023             | Augusta NJ      |
| <b>M 70</b> | 294.510 km rls  | Juraj (George) BIONDIC, 70,<br>ON  | 08-14May2023             | Augusta NJ      |
|             | <b>72 hours</b> | <b>WOMEN</b>                       |                          |                 |
| <b>OPEN</b> | 471.631 km      | Viktoria BROWN, 47, ON             | 12-18Mar2023             | Policoro ITA    |
| <b>W 35</b> |                 |                                    |                          |                 |
| <b>W 40</b> | 403.470 km rl   | Charlotte VASARHELYI,<br>42, ON    | 28Dec2018-<br>3Jan2019   | Glendale AZ     |
| <b>W 45</b> | 471.631 km      | Viktoria BROWN, 47, ON             | 12-18Mar2023             | Policoro ITA    |
| <b>W 50</b> | 375.999 km Ts   | Barbara McLEOD, 51, ON             | 09-12Aug1988             | Gateshead ENG   |

|      |                |                                 |                 |                     |
|------|----------------|---------------------------------|-----------------|---------------------|
| W 55 | 355.665 km rls | Barbara McLEOD, 55, ON          | 02-05May1993    | Wards Island NY     |
| W 60 | 299.337 km rls | Marion LANDRY, 63, QC           | 23-26Apr2008    | Flushing Meadows NY |
| W 65 | 247.108 km rl  | Marion LANDRY, 66, QC           | 12-15May2011    | Augusta NJ          |
| W 70 | 283.245 km rls | Marion LANDRY, 70, QC           | 14-17May2015    | Augusta NJ          |
| W 75 | 228.527 km rl  | Erlinda BIONDIC, 75, ON         | 14-17May2015    | Augusta NJ          |
| W 80 | 217.261 km rls | Erlinda BIONDIC, 82, ON         | 09-15May2015    | Augusta NJ          |
| W 85 | 193.121km rls  | Erlinda BIONDIC, 85, ON         | 12-18May2025    | Augusta NJ          |
|      | <b>6 days</b>  | <b>MEN</b>                      |                 |                     |
| OPEN | 870.252 km si  | David BENNETT, ,ON              | 16-21Mar1891    | New York NY         |
| M 35 |                |                                 |                 |                     |
| M 40 | 698.455 km rls | Lorne (Trishul) CHERNS, 43, CAN | 11-17Sep2000    | Wards Island NY     |
| M 45 | 805.999 km T   | Michel CAREAU, 47, QC           | 26Nov-02Dec1988 | Gateshead ENG       |
| M 50 | 868.799 km i   | Michel CAREAU, 53, QC           | 28Oct-03Nov1993 | La Rochelle FRA     |
| M 55 | 742.399 km T   | David LaPIERRE, 57, BC          | 16-22Nov1997    | Colac AUS           |
| M 60 | 710.298 km T   | David LaPIERRE, 60, BC          | 19-25Nov2000    | Colac AUS           |
| M 65 | 677.533 km rl  | Lorne (Trishul) CHERNS, 66, CAN | 08-14May2023    | Augusta NJ          |
| M 70 | 550.396 km rl  | Juraj (George) BIONDIC, 70, ON  | 08-14May2023    | Augusta NJ          |
| M 75 | 442.569 km rl  | Joe CLEARY, 77, ON              | 21-27Apr2017    | Flushing Meadows NY |
|      | <b>6 days</b>  | <b>WOMEN</b>                    |                 |                     |
| OPEN | 747.384 km rl  | Viktoria BROWN, 48, ON          | 14-20Sep2023    | Balatonfured HUN    |

|      |                |                                 |                 |                     |
|------|----------------|---------------------------------|-----------------|---------------------|
| W 35 |                |                                 |                 |                     |
| W 40 | 676.522 km rl  | Charlotte VASARHELYI, 42, ON    | 3-9May2018      | Balatonfured HUN    |
| W 45 | 747.384 km rl  | Viktoria BROWN, 48, ON          | 14-20Sep2023    | Balatonfured HUN    |
| W 50 | 632.472 km rls | Barbara MCLEOD, 50, ON          | 20-26May1988    | Queens NY           |
| W 55 | 651.232 km rls | Barbara MCLEOD, 55, ON          | 02-08May1993    | Wards Island NY     |
| W 60 | 534.303 km rls | Marion LANDRY, 63, QC           | 23-29Apr2008    | Flushing Meadows NY |
| W 70 | 326.697 km rl  | Marion LANDRY, 72, QC           | 15-17May2017    | Augusta NJ          |
| W 75 | 428.086 km rl  | Erlinda BIONDIC, 76, ON         | 23-29Apr2016    | Flushing NY         |
| W 80 | 403.945 km rl  | Erlinda BIONDIC, 82, ON         | 09-15May2022    | Augusta NJ          |
| W 85 | 386.243km rl   | Erlinda BIONDIC, 85, ON         | 12-18May2025    | Augusta NJ          |
|      | <b>7 days</b>  | <b>MEN</b>                      |                 |                     |
| OPEN | 928.500 km rs  | Lorne (Trishul) CHERNS, 30, CAN | 26Mar-02Apr1987 | Melbourne AUS       |
| M 40 | 798.234 km rls | Lorne (Trishul) CHERNS, 43, CAN | 11-18Sep2000    | Wards Island NY     |
| M 45 | 876.699 km rs  | Michel CAREAU, 47, QC           | 17-24Mar1988    | Melbourne AUS       |
| M 50 | 868.799 km i   | Michel CAREAU, 53, QC           | 28Oct-03Nov1993 | La Rochelle FRA     |
| M 55 | 807.890 km Ts  | Michel CAREAU, 55, QC           | 13-20Mar1996    | Nanango AUS         |
| M 60 | 710.298 km T   | David LaPIERRE, 60, BC          | 19-25Nov2000    | Colac AUS           |
| M 65 | 639.875 km rls | Juraj (George) BIONDIC, 65, ON  | 17-27Apr2018    | Queens NY           |
| M 70 | 556.833km rls  | Charlie UPSHALL, 74, ON         | 9-19May2019     | Augusta NJ          |
|      | <b>7 days</b>  | <b>WOMEN</b>                    |                 |                     |

|      |                 |                                 |                  |                     |
|------|-----------------|---------------------------------|------------------|---------------------|
| OPEN | 841.686 km rls  | Antana LOCS, 32, CAN            | 15-22Sep1991     | Queens NY           |
| W 40 | 655.003 km rls  | Sarita EARP, 43, NS             | 19-26Sep1992     | Queens NY           |
| W 45 | 747.384 km rl   | Viktoria BROWN, 48, ON          | 14-20Sep2023     | Balatonfured HUN    |
| W 50 | 712.939 km rls  | Barbara McLEOD, 50, ON          | 20-27May1988     | Queens NY           |
| W 55 | 732.251 km rls  | Barbara McLEOD, 55, ON          | 02-09May1993     | Wards Island NY     |
| W 60 | 606.722 km rls  | Marion LANDRY, 63, QC           | 23-29Apr2008     | Flushing Meadows NY |
| W 75 | 434.523 km rls  | Erlinda BIONDIC, 79, ON         | 9-19May2019      | Augusta NJ          |
|      | <b>10 days</b>  | <b>MEN</b>                      |                  |                     |
| OPEN | 1240.804 km rls | Lorne (Trishul) CHERNS, 29, CAN | 26Apr-05May 1986 | Queens NY           |
| M 40 | 1052.511 km rls | Lorne (Trishul) CHERNS, 43, CAN | 11-21Sep2000     | Wards Island NY     |
| M 45 | 1174.821 km rls | Michel CAREAU, 47, QC           | 20-30May1988     | Queens NY           |
| M 50 | 1029.980 km rl  | Ron GEHL, 51, ON                | 29Apr-09May 1999 | Wards Island NY     |
| M 55 | 1007.449 km Ts  | David LaPIERRE, 55, BC          | 13-23Mar1996     | Nanango AUS         |
| M 60 | 944.685 km rl   | Juraj (George) BIONDIC, 62, ON  | 19-29Apr2015     | Queens NY           |
| M 65 | 908.957km rls   | Juraj (George) BIONDIC, 65, ON  | 17-27Apr2018     | Queens, NY          |
| M 70 | 709.721 km rl   | Charlie UPSHALL, 74, ON         | 9-19May2019      | Augusta NJ          |
|      | <b>10 days</b>  | <b>WOMEN</b>                    |                  |                     |
| OPEN | 1161.946 km rls | Antana LOCS, 32, CAN            | 15-25Sep1991     | Queens NY           |
| W 40 | 893.185 km rls  | Sarita EARP, 43, NS             | 19-29Sep1992     | Queens NY           |
| W 45 | 844.906 km rl   | Kimberley VAN DELST, 46, ON     | 17-27Apr2017     | Flushing NY         |

|             |                       |                                  |                         |                            |
|-------------|-----------------------|----------------------------------|-------------------------|----------------------------|
| <b>W 50</b> | <b>902.841 km rls</b> | <b>Barbara McLEOD, 50, ON</b>    | <b>20-30May1988</b>     | <b>Queens NY</b>           |
| <b>W 55</b> | <b>873.873 km rl</b>  | <b>Karnayati MORISON, 59, ON</b> | <b>26Apr-6May2006</b>   | <b>Flushing Meadows NY</b> |
| <b>W 60</b> | <b>838.468 km rl</b>  | <b>Marion LANDRY, 63, QC</b>     | <b>23Apr-03May 2008</b> | <b>Flushing Meadows NY</b> |
| <b>W 75</b> | <b>632.472 km rl</b>  | <b>Erlinda BIONDIC,79,ON</b>     | <b>9-19May2019</b>      | <b>Augusta NJ</b>          |

#### **Symbols**

**r = road, l =loop course, ob=out-and-back s = split in longer race, T = track, i = indoor**